

KING COUNTY ALCOHOLISM AND SUBSTANCE ABUSE

ADMINISTRATIVE BOARD

REGULAR MEETING

APRIL 15, 2003

**Members Present:** Linda Brown, Joan Clement, Nancy Code, Roger Goodman, Jim Harbaugh, Kim Murrillo (awaiting Council confirmation)

**Members Absent:** Pam Detrick (excused), Bob Seidensticker (excused), Yasmin Smith, Scott Strawn (on leave of absence)

**Staff Present:** Geoff Miller, Rhoda Naguit, Rose Soohoo, Jim Vollendroff

**Guests Present:** Gerry Coughlin, Alcohol-Drug 24-Hour Helpline; Harvey Funai, Deb Schnellman, State Division of Alcohol and Substance Abuse; Anita Hidalgo, WA Asian Pacific Islander Families Against Substance Abuse (WAPIFASA); Larry Hill, a board applicant; Pat Knox, Recovery Centers of King County; Ken Nicholas, CPC-Bridgeway Recovery Program; Steve Olson, Renton Area Youth and Family Services; Al Sweeten, Seattle Indian Health Board; Sharon Toquinto, Public Health-AOD Prevention;

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Chair Linda Brown convened the regular meeting of the King County Alcoholism and Substance Abuse Administrative Board (KCASAAB) at 12 noon. The meeting was held at the conference room of the Dutch Shisler Sobering Service Center.

I. WELCOME AND INTRODUCTION

Board Chair Linda Brown made a brief welcoming remark, and then asked everyone to introduce him/herself.

After introduction, Board Chair Linda Brown gave a heartfelt tribute for the late Kent Pullen, a King County Councilmember who died yesterday.

She also noted that board member Bob Seidensticker had asked to be excused in today's meeting due to Spring Break.

II. AGENCY PRESENTATION

The order of agenda was rearranged for better management of time. Board Chairman Linda Brown asked agency staff to limit their presentation to 10 minutes. Steve Olson of Renton Area Youth and Family Services gave the first agency presentation, followed immediately by Al Sweeten of Seattle Indian Health Board.

A. Renton Area Youth and Family Services (RAYFS)

RAYFS is a dually certified treatment service agency. Steve Olson stated that he is the lone staff of the CD program of their agency. He gave an overview of available services at the agency. These services are provided to support children, youth and families in their efforts to lead healthy, and productive lives. He also shared some of the challenges faced by the agency. Dealing with youth with co-existing disorders is complex and it brings a lot of issues in treatment, particularly in providing transition services. The closing of Stonewall Recovery Services hit the agency hard in providing services for sexual minority clients. The demand for services outweighs the availability of services. Most of their referrals come from probation department, parole, schools, and the public.

Handouts were distributed which include brochure, agency outcome study on CD program.

Steve expressed his appreciation for the appointment of Jim Vollendroff as Drug and Alcohol County Coordinator, who has been very supportive of services for youth and of the agency.

B. Seattle Indian Health Board

Al Sweeten spoke on the CD service components of the agency. He is the administrator for Thunderbird Treatment Center, which provide chemical dependency treatment for adults and teens. Thunderbird is one of the largest treatment centers operated by an American Indian non-profit healthcare agency in the nation. Thunderbird provides services for all ethnic groups. The Center, located at the south end of Seattle, has 86 residential treatment slots and is now the largest residential provider in the state since the closure of CHAT. He spoke also on the level of care available in their facility: long-term, outpatient, inpatient, and recovery house.

Their completion rate is 80%. He said that they do not close their door for people who relapse; however, no drug or alcohol is allowed in their facility.

The agency is faced with half a million dollar deficit this year and is looking at increasing its capacity. They have been talking to HUD about funding for additional housing capacity.

Folders containing information about the Seattle Indian Health Board were distributed.

Board Chair Linda Brown thanked Steve Olson and Al Sweeten for their informative presentation.

### III. REVIEW/APPROVAL OF MEETING MINUTES

Nancy Code made a motion, which was seconded by Joan Clement to approve the March 18, 2003 meeting minutes as submitted. The motion passed and approved unanimously.

### IV. PREVENTION PRESENTATION

The following is the highlights of Sharon Toquinto's presentation:

- The Risk and Protective Factors for prevention services has been approved by the State DASA.
- Francesca Abellera was recently hired as Educator Consultant for Prevention Division.
- The Collaborative Prevention Needs Assessment 2003-2005 Biennium Update Report is done and completed. Twenty-eight individuals attended the community meeting, jointly sponsored by Alcohol and Other Drugs Prevention Program and King County Community Organizing Program, to present prevention data for discussion.
- Prioritization of services for the 2003-2005 biennium was also done. Most of the same risk factors and protective factors from last biennium were continued, although the "availability of drugs" was removed from the priority list because the data did not support continued focus on this risk factor.
- The RFP for Alcohol and Other Drugs Prevention was released on April 7, 2003. The Division is seeking proposals from eligible organizations to prevent alcohol and other drug (AOD) use and related problems among children and youth in King County. Expected funding to be awarded is approximately \$900,000. The funding source is a Federal Center for Substance Abuse Prevention substance abuse prevention grant through the State of Washington Department of Social and Health Services' Division of Alcohol and Substance Abuse (DASA). A Bidders' Conference was held last April 10<sup>th</sup>; another one is schedule to be held on April 16<sup>th</sup>. Seventy-eight respondents asked for additional information about the RFP. A review team is being formed. KCASAAB members Pam Detrick and Linda Brown will be members of the review team.
- Prevention Information System is a great database, courtesy of DASA office. It enables the Division to track data more closely by Best Practices and Project Alerts, but not by agency. In addition, it enables them to analyze data quicker.

Harvey Funai commended Sharon and her staff for providing DASA with well-documented information.

## V. CHAIR'S REPORT

### A. Editorial Article

The PI recently reported on an evaluation of six Drug Court programs in Washington that showed that the King County Drug Court was less successful than others in reducing the rate of recidivism among program participants. Mary Taylor, KC Drug Court coordinator, immediately provided KC legislators and other public officials with additional information about the strengths of the KC program. Linda Brown encouraged board members to become informed about drug court issues because the program is an important part of treatment system.

Jim Vollendroff announced that April is Alcohol Treatment Month. This will coincide with the Alcohol and Drug Screening Day. Last year in August, there was training held in Seattle participated in by five local agencies. Jim will discuss this with the Adult Providers tomorrow at their regular meeting.

### B. Board Planning Retreat

The Board Planning Retreat will be held on Thursday, May 8<sup>th</sup>, at 4:30-8:00pm at the Dutch Shisler Sobering Service Center. The board members will receive packet of materials that will be discussed at the Retreat.

### C. Joint Board Meeting

The semi-annual joint meeting of the King County Mental Health Advisory Board and the CD Administrative Board will be held on May 13<sup>th</sup> from 4:30pm to 6:30pm at the Exchange Building, Conference Room 6A. One of the agenda for this meeting is a special presentation from the Adolescent Treatment Enhancement Project (ATEP).

### D. Membership Update

Jim Harbaugh's term as board member has expired on January 30, 2002. He expressed willingness to serve another term. Joan Clement made a motion, which was seconded by Nancy Code to recommend his re-appointment for another three-year term as KCASAAB member. The motion was approved unanimously.

Larry Hill, a board applicant, was formally presented to the board. Nancy Code made a motion, and seconded by Jim Harbaugh to nominate Larry Hill for appointment to the board. The motion was passed unanimously.

D. Board Liaison Reports

**Joan Clement: Chronic Populations Advisory Council (CPAC)**

Walt Adam, Steve Freng and Patrick Vanzo presented a view of housing as a treatment engagement strategy rather than as a reward. There was also discussion of redefining housing for chronics as a consumer's choice rather than an issue of wet housing. In addition, there was further discussion on how to support alternative housing.

**Nancy Code: Children and Family Commission/Adult Providers Meeting**

Kathy Carson of Seattle-King County Public Health Department spoke about Infant Mortality Rate, which is higher among African-American and Native American population than any other groups. Kathy also emphasized the importance community involvement in addressing this issue.

Nancy will attend the Adult Providers Meeting scheduled tomorrow.

**Roger Goodman: Legislative Advocacy and Public Affairs Committee**

He discussed legislative items such as excise tax on beer, sentencing reform, and criminal justice. He will update the board of the status of these bills next meeting.

**Linda Brown: King County Mental Health Advisory Board**

The focus of the meeting was on the impact of the budget cuts to mental health, which will eventually affect services to their clients.

VI. ALCOHOL AND DRUG PROGRAM COORDINATOR'S REPORT

A. CD Report Card

Geoff Miller stated that the CD Report Card is finally finished and will be forwarded to Amnon Shoenfeld, MHCADS Division Director, for review and approval. Some data from this report card will be used to develop monthly board report. He also identified some limitations of the program system and data that were not captured in certain period of time.

Geoff also mentioned that 106 people attended the Evidenced Based Practice Workshop at the Sea-Tac Radisson Hotel on April 3, 2003. A follow up training with several agencies may be provided with Jim Vollendroff's approval.

Copies of Executive Summary of the Biennial Plan were distributed to the board. Biennial Plan will be discussed during the board planning retreat.

B. Monthly Utilization Report

Rose Soo Hoo handed out copies of the King County Assessment Center Monthly Utilization Report and briefly explained that the long wait list was caused by staff sick leave but that her office is doing its best to reduce the waiting list.

C. Permanent Appointments

The full King County Council has confirmed the appointment of Jackie MacLean as Director of the Department of Community and Human Services. Likewise, Amnon Shoenfeld, who has been serving as Acting MHCADSD Manager, has been appointed by Jackie MacLean to be the permanent Division Director effective April 10, 2003.

D. E-Memo Discussion

Jim gave Linda Brown a binder containing excerpts from the Quarterly Report. The board will review the document and select portions of the report that they would like to have a copy of.

The RFP Housing Voucher for drug court clients has been awarded to Seattle Mental Health Services and Pioneer Human Services. The funding for this program was from the closure of the Cedar Hills Addiction Treatment (CHAT) program.

Some pending grants include the Family Dependency Court, Best Practices Model for Adolescents, and HIV Enhancement.

Jim shared the outcome of a two-day criminal justice workshop conducted last month by a facilitator from the National Institute of Corrections.

The following priorities were developed during a group process that included evaluating gaps and strategies for meeting them against agreed upon criteria and the funding estimates:

- One-time position to streamline the process - \$90,000
- Coordinated/integrated services for individuals with co-occurring disorders from the jail - \$800,000
- Evaluation process – data of both new and existing CJ projects - \$90,000

- One Alcohol and Drug Addiction Treatment and Support Act (ADATSA) position to do assessments from the jail or some place else (to be determined) \$90,000
- One position to assess Medicaid and other benefit eligibility of individuals in jail \$90,000
- Enhance access to opiate substitution treatment in King County through methadone voucher - \$400,000
- Two Liaison staffing positions (one MH and one CD focus) at agencies to provide seamless transition from the jail to the community services- \$150,000
- Community programming that provides access to Mental Health Plan for inmates not enrolled in Medicaid and whose eligibility has not been established through 50 treatment vouchers - \$124,000
- A liaison staffing position at an agency plus backfill for absences to liaise with clients and link them to community treatment providers for available services \$75,000
- A staff position to oversee program design and management - \$90,000
- One-time training for community mental health and chemical dependency providers to enhance working relationships with court officers - \$30,000

The timelines for Request for Proposal (RFP) for Adult Outpatient, ADATSA Outpatient, Youth Outpatient and Request for Information (RFI) for Detox are as follows:

- April 5, 2003-May 30, 2003: Develop RFP
- June 9, 2003: Send RFP to Procurement
- July 1, 2003: Release RFP
- July 16, 2003: Applicant's Conference
- August 15, 2003: Deadline of Submission of Proposal
- September 2-12, 2003: Review of Proposal
- September 15, 2003: Submit Recommendations
- September 23, 2003: Notify RFP Awardees
- October 6, 2003: Contract Negotiations/Signatures
- November 2003: Send out 2004 Contracts to Providers
- January 1, 2004: Begin New Contract Services

Policy issues related to the RFP process will be discussed further at the board planning retreat.

Jim also reported that he personally delivered last week to State DASA a well-put together Sentencing Reform Grant proposal of King County.

VII. OTHER CONCERNS/NEW BUSINESS

Board Chair Linda Brown shared the sad news about the closure of TASC program at the end of June. She commended Jane Kennedy and the staff of TASC for a job well done and encouraged board members to send a personal tribute to Jane Kennedy and her staff. In addition, Joan Clement made a motion, which was seconded by Roger Goodman to send a letter to Jane Kennedy and her staff from the entire board to express their appreciation for the work that they have done all these years. Board Chair Linda Brown will draft this letter for board's review.

There being no further business, the meeting was adjourned at 1:45 p.m.

Prepared by:

Rhoda A. Naguit  
Recording Secretary

Attested by:

*Linda Brown*  
Linda Brown  
Board Chair